

## 2

## GRACE COMMITMENTS 4

## 4

## The Sacrament of the Lord's Table

## ASSIGNMENTS

- Review memory verse of the week.
- Check JG member's progress on 21 days of personal worship. Celebrate small victories and progress.
- **EQUIPPING** – Continue memorizing the books of the New Testament. Review the illustration and the "right column" (Non-Pauline Letters).
- **MISSION** – Encourage your JG to begin the Mission section early in the week. Their assignment this week is to go on a prayer walk and journal about the experience.

## EXERCISES

- Any remaining JG members should recite the books of the New Testament for this meeting.

## DISCUSSIONS

- **TRUTH** – The focus this week is on making a grace-motivated commitment to receiving the Lord's Table as often as opportunity is offered.
  - **EXODUS 12:1-28** – The Passover meal was eaten as the Israelites were dressed and ready for a quick departure. God made this a prominent feature of the Passover meal to give Israel a picture (a memory aid, if you will) that would give them an annual reminder of God's faithfulness to His promise to deliver and the swiftness of His deliverance.

The killing of the Passover Lamb reminded Israel that redemption required a costly sacrifice of the innocent in exchange for the guilty. The Passover Lamb is a typological symbol that foreshadowed Christ, our Passover Lamb (John 1 :29; 1 Corinthians 5:7).

- **1 CORINTHIANS 11:17-32** – The Lord’s Table is a picture that focuses our attention on the cross (past), our current relationship with God and His people (present), and the hope of Christ’s return (future).
- **TRUTH** – The focus this week is on making a grace-motivated commitment to receiving the Lord’s Table as often as opportunity is offered. Here are some primary discussion points from Unit 4:
  - The Lord’s Table was never meant to be optional, nor a drudgery. It is a high privilege. (Consider discussing this point as an introduction to the Equipping discussion.)
  - To rightly receive the Lord’s Table requires self examination.
  - When we receive the Lord’s Table we have an opportunity to:
    - ▶ **Engage the mind** by recalling the cross and the benefits we undeservedly receive.
    - ▶ **Engage the emotions** by reliving the anguish of the cross.
    - ▶ **Engage the will** by recommitting our vows to Christ.
- **EQUIPPING** – Use the self-evaluation question to help launch a discussion of attitudes toward the Lord’s Table. The goal of this section is to help your JG members think about where they are, where they want to be, and what they need to do to get there in terms of their commitment to receiving the Lord’s Table.
- **MISSION** – Discuss the prayer walking experience. Ask one of two people to share what they wrote about the experience.