COLOSSIANS 1:16 (ESV)

For by him all things were created, in heaven and on earth, visible and invisible, whether thrones or dominions or rulers or authorities—all things were created through him and for him.

CATECHISMS 45-46

Q. 45. How did you break the covenant of life?

A. Adam represented all people, and so I fell with Adam in his first sin.

Q. 46. How, then, can you be saved?

A. By the Lord Jesus Christ through the covenant of grace.