

Renewal

40 Days of Prayer



Perimeter
CHURCH

Radical Renewal

Father, we come to You confessing that we are a people prone to wander. We are easily distracted, we are easily persuaded, and we are easily given to the empty allure of lesser loves when You are the great lover of our souls.

So, we ask that by Your grace, You would renew us. Renew in us a right spirit. Restore unto us the joy of Your salvation. Clean our hearts, O Lord.

Renew us that we may walk in radical dependence upon You and in faithful obedience to You.

Renew us that we may discover afresh the depths of Your love and the magnitude of Your mercy.

Renew us that we may gladly display the light and love of Jesus to a dark and hate-filled world.

Renew us that we may set our hope fully on the grace that will be brought to us at the revelation of Jesus Christ.

By Your grace and for Your glory, O Lord, renew us.

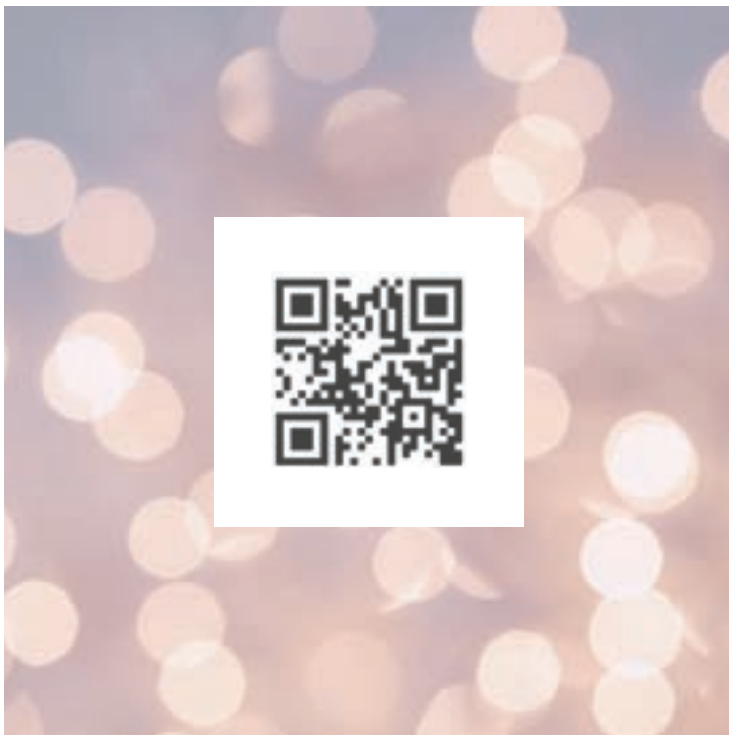
Video Intro



Scan this QR code for a brief video intro to guide you through the next 40 days of prayer.

We hope this journal helps you rest in Christ and experience His renewal.

City Impact

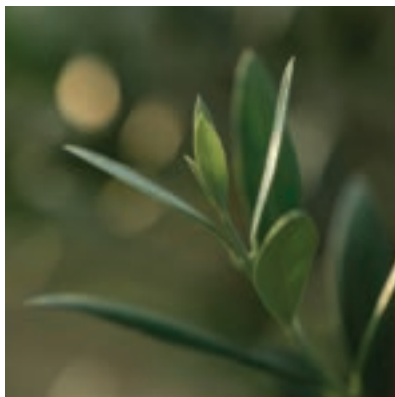
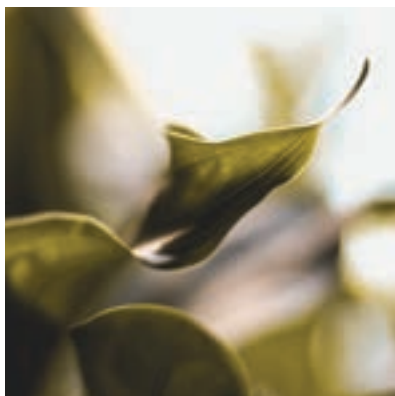
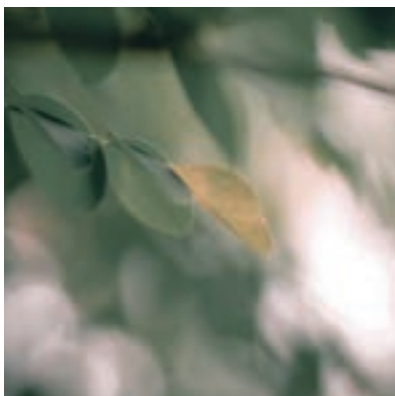


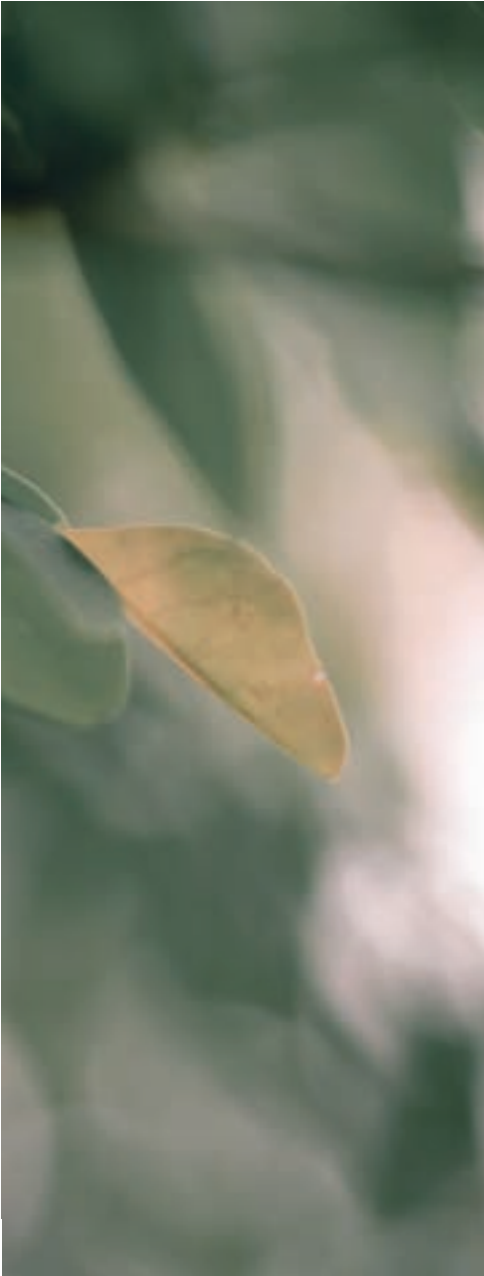
As you use this prayer journal, we also encourage you to join or start a prayer gathering with others in your city.

Learn more at perimeter.org/cityimpact.

January 31–February 3

Dependence





Scripture

Ephesians 3:14-21

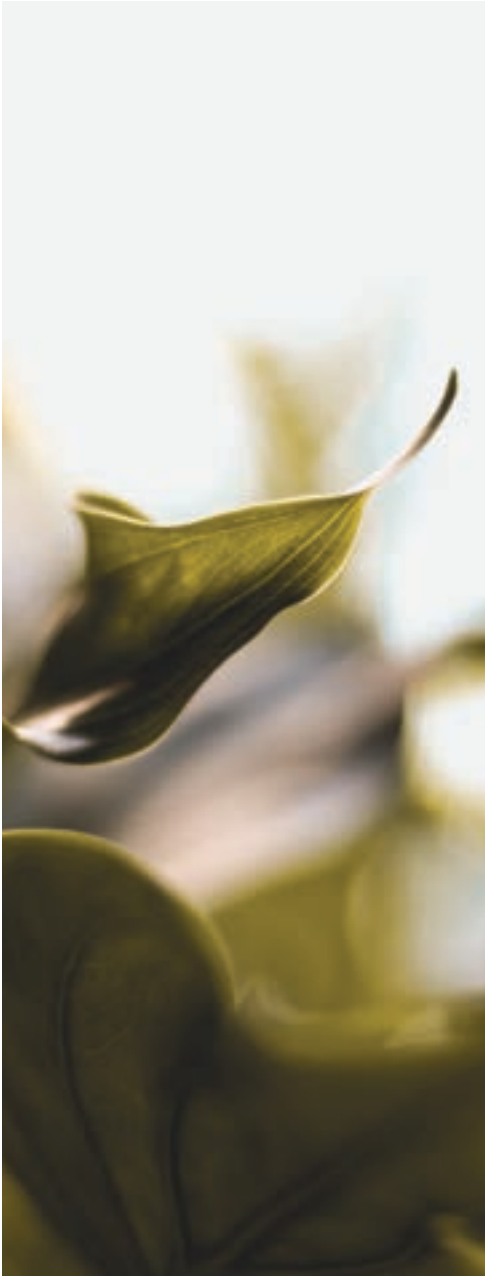
Song

Come Behold The
Wondrous Mystery



“I am convinced that all Christ followers, whether we are new to the faith or have followed Him for decades, must be rooted in radical dependence upon God to do what only He can do in and through us for His glory.”

– Jeff Norris



Scripture

John 15:4-5

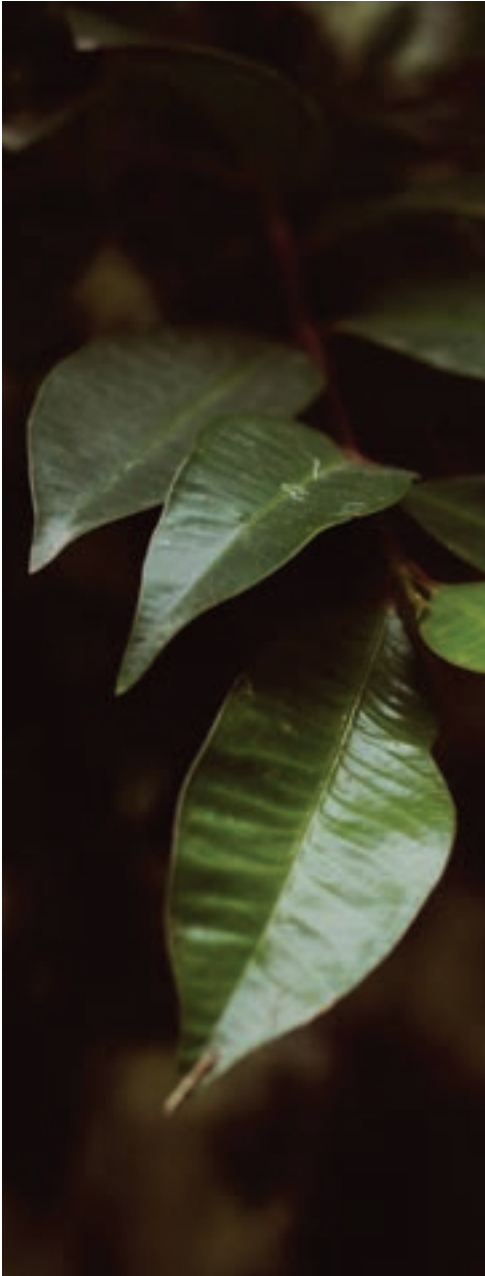
Song

Lord, I Need You



“God’s Word calls us to be people who are rooted in prayer, repentance, self-denial and sacrifice, obedience, discipleship, forgiveness and generosity, and thanksgiving.”

– Jeff Norris



Scripture

Philippians 3:7-8

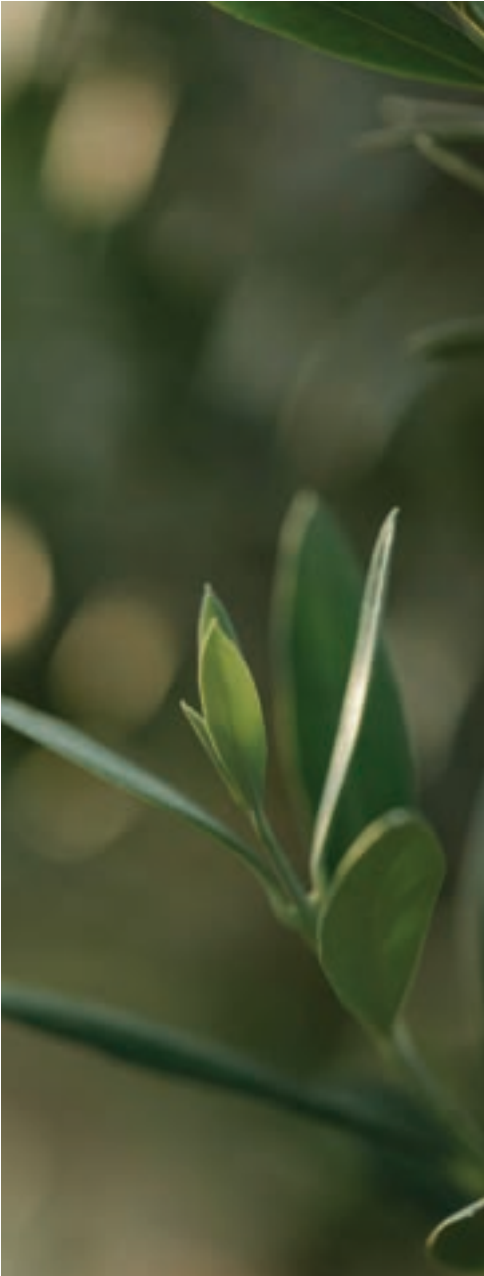
Song

My Worth Is Not In
What I Own



“God desires for His people to exist in a vibrant love relationship with Him, where their roots of dependance run deep and their faith blooms. Rooted, they begin to experience the fullness of His presence and power in their lives.”

– Jeff Norris



Scripture

Psalm 121

Song

Praise To The Lord,
The Almighty

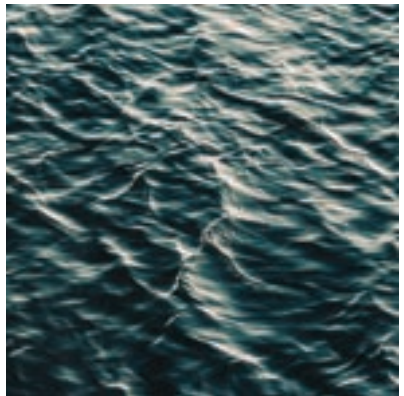


“The main instrument through which the kingdom of God can be understood and advanced by church members is prayer, and it is important that every member be involved in some prayer center whose vision is comprehensive.”

– Richard Lovelace

F e b r u a r y 4 - 7

Renewal





Scripture

Revelation 21:5-6

Song

Christ The Sure And
Steady Anchor



“When we don’t get regular rest and perspective our understanding of our purpose in life very quickly gets clouded; we become confused and angry... If that is what you are experiencing, it will continue until you remember that He is your Redeemer. He purchased you when you didn’t deserve it, and He shed His blood so that you could have life eternal.”

– Randy Pope



Scripture

Isaiah 43:18-19

Song

Way Maker



“Prayer is arguably the most objective measurement of our dependence on God. The things you pray about are the things you trust God to handle. The things you neglect to pray about are the things you trust you can handle on your own.”

– H.B. Charles



Scripture

Colossians 1:15-20

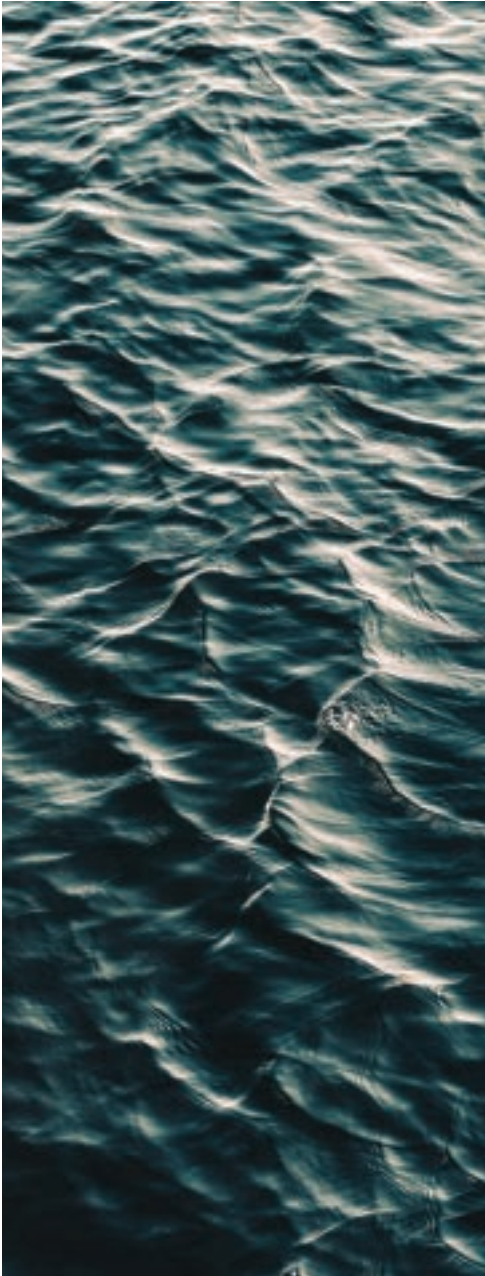
Song

Look Where I'm
Standing Now



“The mountaintop
experiences don’t satisfy,
but the presence of Jesus
does, and He’s promised
that He won’t forsake us.”

– Mike Cosper



Scripture

Psalm 1

Song

Build My Life



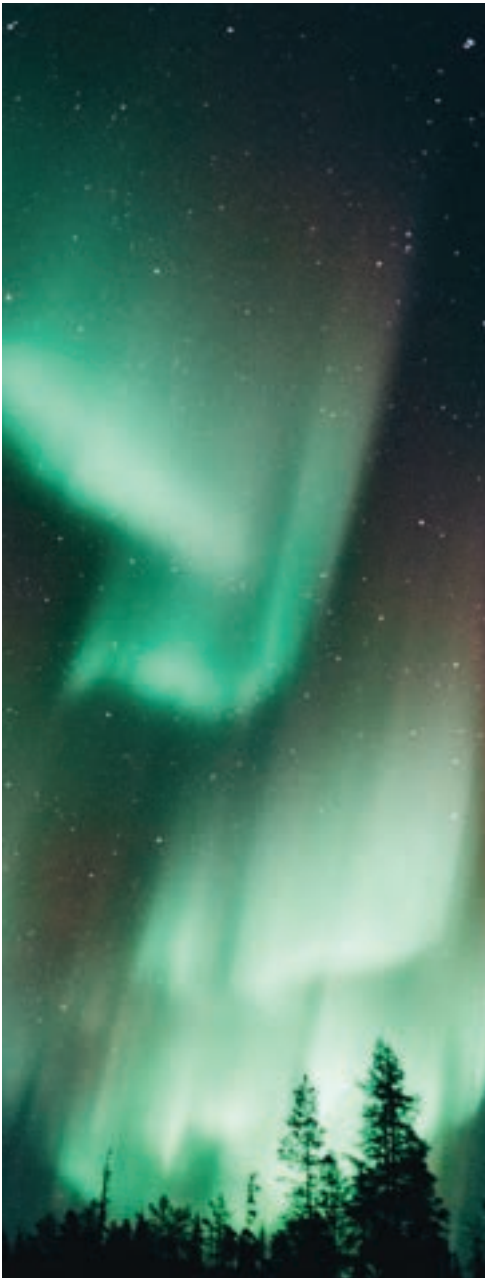
“It is my duty to distrust
mine own ability, that I may
have reliance on Him that is
stronger than all.”

– John Bunyan,
Pilgrim’s Progress

February 8-11

Repentance





Scripture

Acts 3:19-21

Song

Hosanna



“We sense deep within us that flourishing is out there to be discovered. We crave it! However, when we make idols out of our abilities, our independence, or our accomplishments, we will find ourselves disillusioned and longing for more.”

– Jeff Norris



Scripture

1 John 1:9

Song

Great Is Thy
Faithfulness



“There may be some sins of which a man cannot speak, but there is no sin which the blood of Christ cannot wash away.”

– Charles Spurgeon



Scripture

2 Chronicles 7:14

Song

Hear Us From Heaven



“Sin is precisely
Christlessness; all attempts
at self-improvement and
moral reformation without
Him are sin.”

– Michael Reeves



Scripture

Psalm 51

Song

Give Us Clean Hands

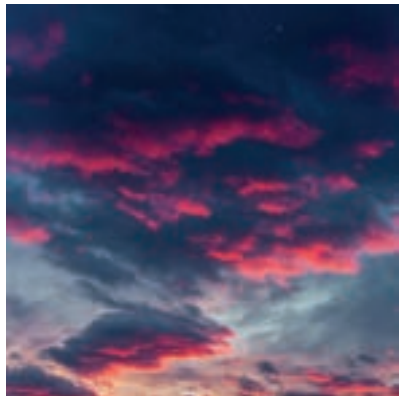


“I am a chronic people-pleaser. I love when people think well of me. So, when you mix a behavioral-centered Christianity with a people-pleasing temperament, you end up with a lethal cocktail of pride-fueled behavior modification that will ultimately drive you farther away from Christ than toward Him.”

– Jeff Norris

February 12-15

New Life





Scripture

2 Corinthians 5:17

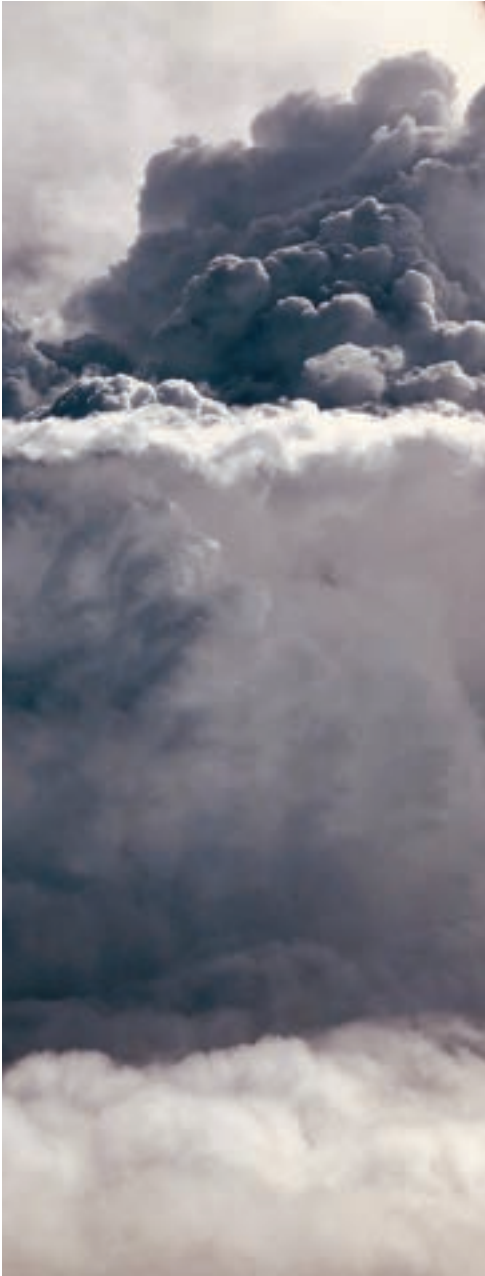
Song

Grace Abounds



“Where sin increased, grace abounded all the more.” The guilt and shame of those in Christ is ever outstripped by His abounding grace. When we feel as if our thoughts, words, and deeds are diminishing God’s grace toward us, those sins and failures are in fact causing it to surge forward all the more.”

– Dane Ortlund



Scripture

Galatians 2:20

Song

Lay Me Down



“The Christian life begins, develops, and ends with grace—with the mercy of God. We never grow out of it or beyond it; we never cease to need it; it is never superfluous.”

– Sinclair Ferguson



Scripture

Ephesians 4:20-24

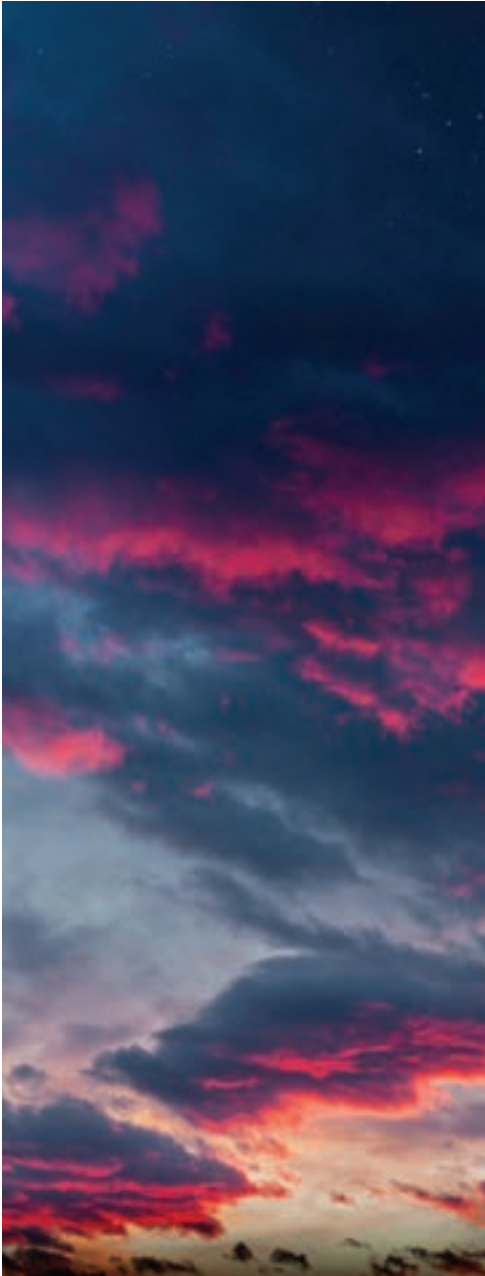
Song

Let Your Kingdom
Come



“Raised from death to new life, He is the firstborn, the first fruit, the head of the new creation. His resurrection has started an irreversible tide.”

– Michael Reeves



Scripture

Psalm 32

Song

I Stand Amazed (How
Marvelous)

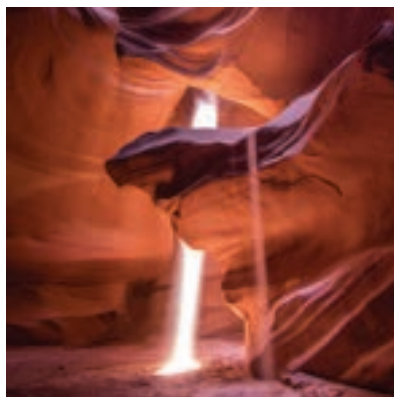
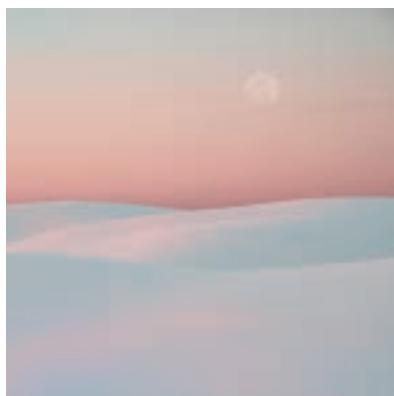


“When we are rooted in
Jesus, connected to Him
and depending upon Him
for life and power, we begin
to see and experience His
transforming glory in our
lives.”

– Jeff Norris

February 16-19

Steadfast Love





Scripture

Lamentations 3:22-24

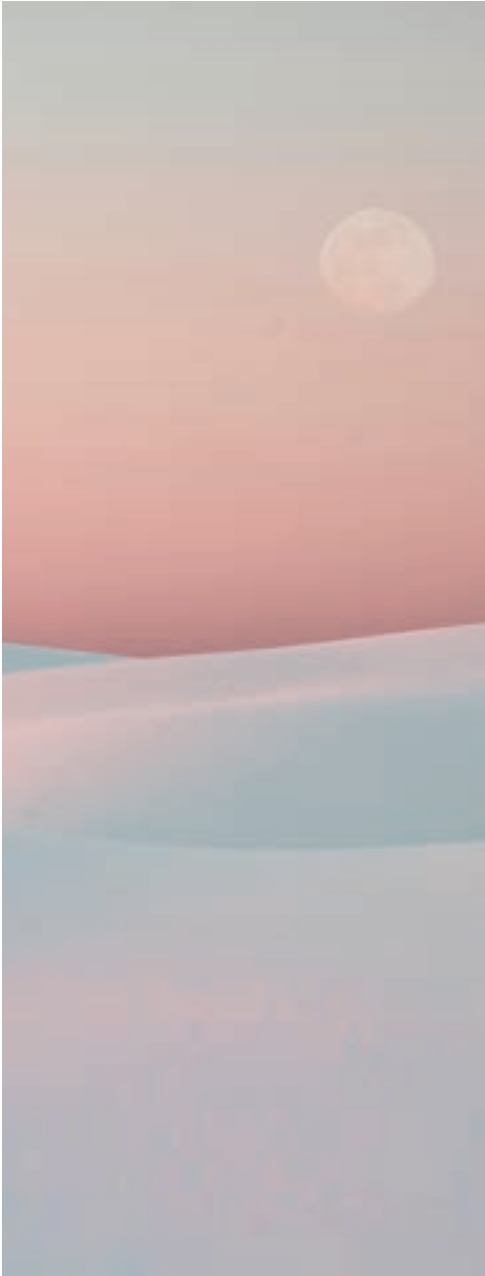
Song

Goodness Of God



“When I look at myself,
I don’t see how I can be
saved. But when I look at
Christ, I don’t see how I can
be lost.”

– Martin Luther



Scripture

1 John 4:7-11

Song

God So Loved



“He isn’t like you. Even the most intense of human love is but the faintest echo of heaven’s cascading abundance. His heartfelt thoughts for you outstrip what you can conceive. He intends to restore you into the radiant resplendence for which you were created.”

– Dane Ortlund



Scripture

Deuteronomy 7:9

Song

The Lord Our God



“It is the Holy Spirit who empowers us, fills us, and seals us for the day of redemption, guaranteeing our inheritance. In every way, we are kept. We are held steadfastly in the secure hands and help of our triune God.”

– Jeff Norris



Scripture

Psalm 36

Song

All My Fountains

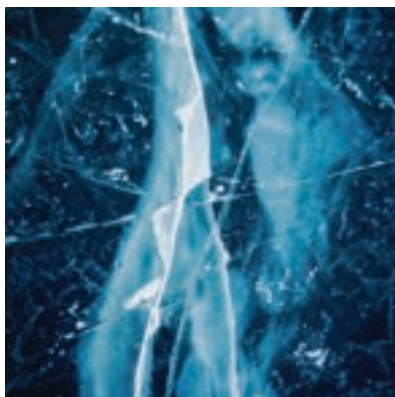
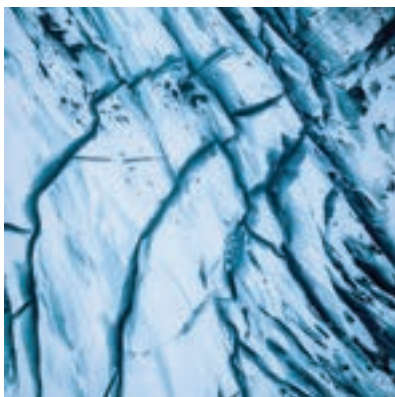
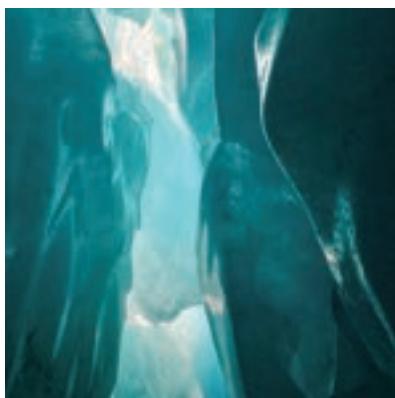


“In the New Testament, God’s sacrificial love—His agape love—is mentioned an incredible 259 times. It is the marvellous gift of a holy God toward undeserving sinners, not due to any merit in them but due to the sheer magnitude of God’s generous heart.”

– Adam Ramsey

February 20-23

Self-Denial





Scripture

Luke 9:23-25

Song

Jesus, I My Cross
Have Taken



“If we only spent more of
our time looking at Him
we should soon forget
ourselves.”

– Martyn Lloyd-Jones



Scripture

Matthew 13:44-45

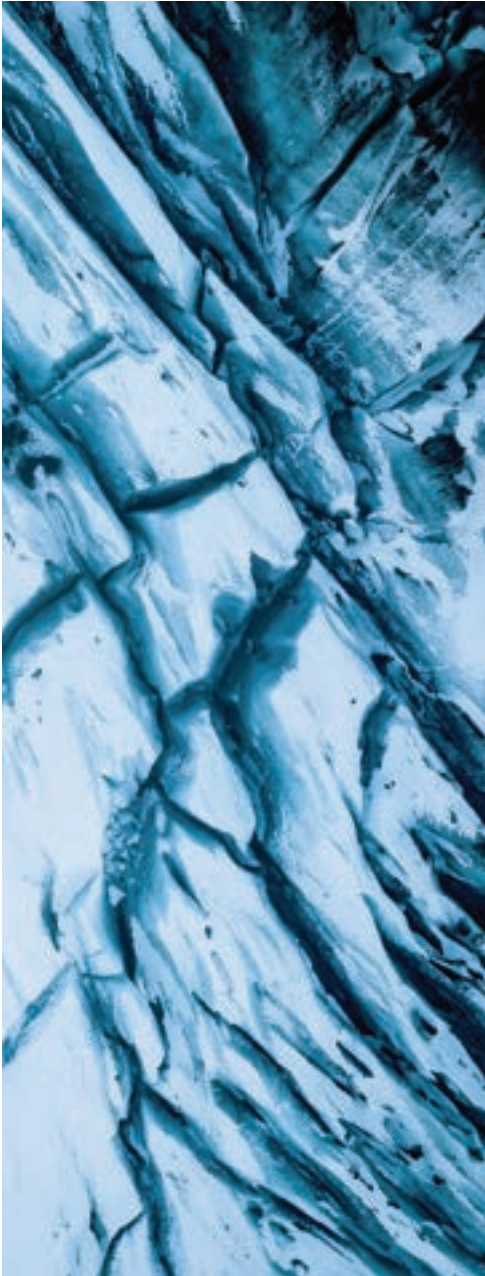
Song

How Rich A Treasure
We Possess



“Christian growth is,
among other things,
growth in sensing just how
impoverished and powerless
we are in our strength—
that is, just how hollow and
futile our efforts to grow
spiritually are on our own
steam.”

– Dane Ortlund



Scripture

Mark 10:42-45

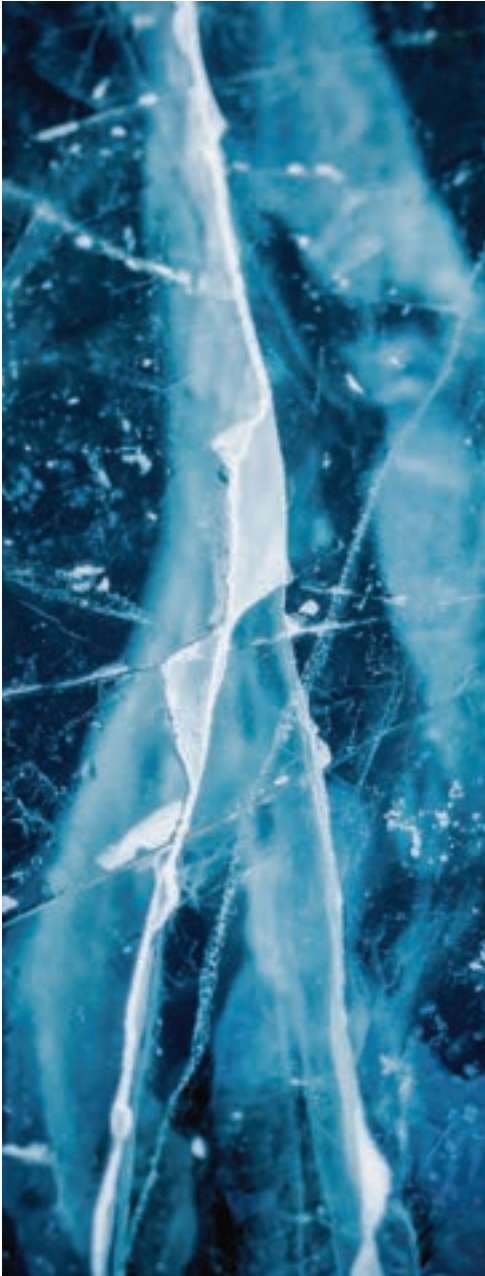
Song

Yet Not I, But
Through Christ In Me



“If we truly love people, we will desire for them far more than it is within our power to give them, and this will lead us to prayer: Intercession is a way of loving others.”

– Richard J. Foster



Scripture

Psalms 130

Song

Be Still My Soul



Prayer is not a spiritual crowbar or jackhammer that pries open God's willingness to act but a means by which Christians open themselves up to God—to grasp God's will and be grasped by it.

– David Garland

February 24 - 27

Grace





Scripture

Titus 3:4-7

Song

My Worth Is Not In
What I Own



“God’s desire isn’t that we would give ourselves to various self-improvement projects that are wrapped in spirituality or religion. His desire is that we would simply give ourselves to Him by trusting wholly and completely in the finished work of Christ on our behalf”

– Jeff Norris



Scripture

Ephesians 2:4-9

Song

His Mercy Is More



He wants us to draw on His grace and mercy because it is who He is. He drew near to us in the incarnation so that His joy and ours could rise and fall together—His in giving mercy, ours in receiving it.

– Dane Ortlund



Scripture

Romans 5:6-11

Song

How Deep The
Father's Love For Us



It's telling us the kind of love He has: rather than dispensing grace to us from on high, He gets down with us, He puts His arm around us, He deals with us in the way that is just what we need. He deals gently with us.

– Dane Ortlund



Scripture

Psalm 111

Song

Great Are You, Lord

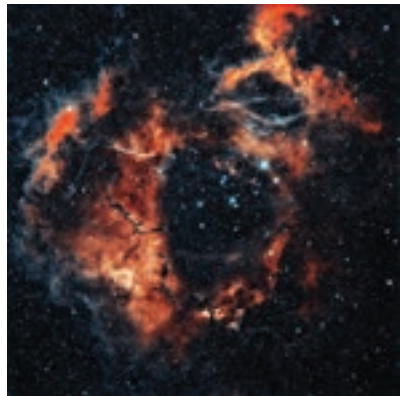
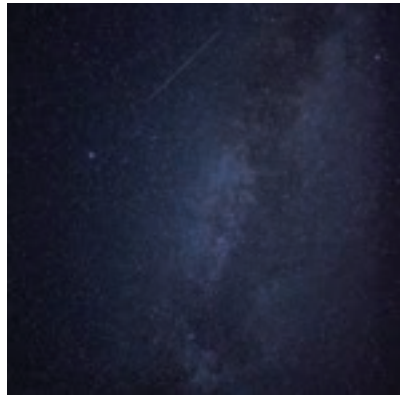


“Grace is favor merited to us by what God has done for us. When Christ hung on the cross, one of His last statements was, ‘It is finished’. He had done what He set out to do—pay for the sins of His followers.”

– Randy Pope

February 28 – March 3

Restoration





Scripture

1 Peter 5:10

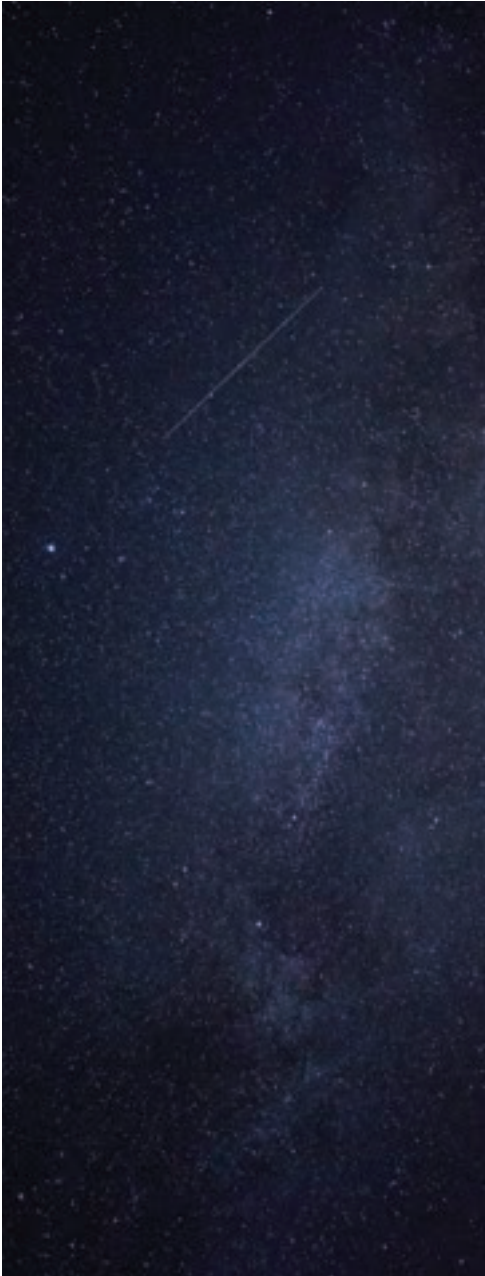
Song

The Lord Is My
Salvation



“Although my memory’s
fading, I remember two
things very clearly: I am a
great sinner, and Christ is a
great Savior.”

– John Newton



Scripture

Isaiah 40:29-31

Song

Cornerstone



“On that day we will be
like the Light of the world:
free at last of all darkness,
surging with the light of life,
radiant with love and glory.”
– Michael Reeves



Scripture

Matthew 11:28-30

Song

What A Friend We
Have In Jesus



“If you are a follower of Christ, there is no better place for you to be than in the hands of Jesus, our Shepherd, our Keeper. As our Keeper, Jesus reassures us that His followers are not only kept secure in His hands, but also in the hands of the Father.”

– Jeff Norris



Scripture

Psalm 85

Song

What Only You Can

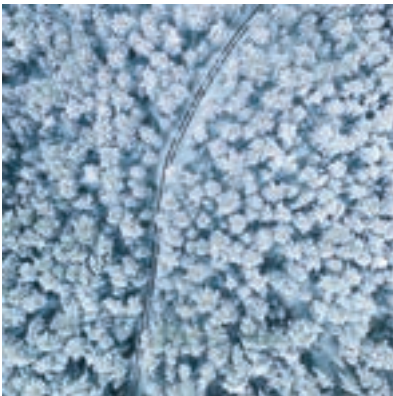


“We shall never find happiness by looking at our prayers, our doing, or our feelings; it is what Jesus is, not what we are, that gives rest to the soul.”

– Charles Spurgeon

March 4 - 7

Transformation





Scripture

2 Corinthians 3:18

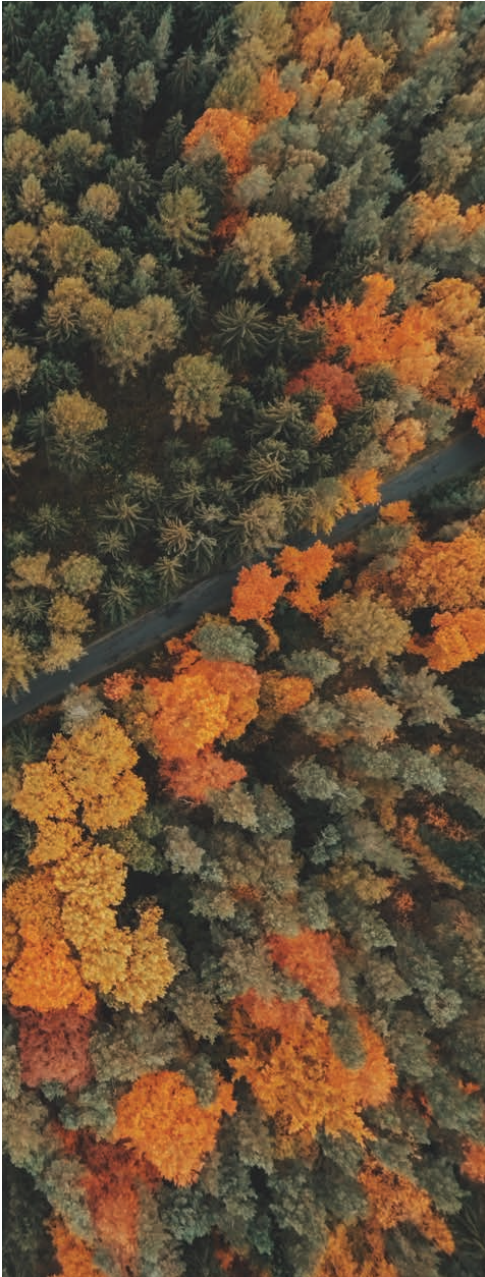
Song

Holy, Holy, Holy



“Every time you rejoice in
Christ, resist sin, proclaim
Him and show His love, you
press home the victory of
Christ”

– Michael Reeves



Scripture

Romans 12:1-2

Song

I Surrender All



“The one concern of the devil is to keep Christians from praying. He fears nothing from prayerless studies, prayerless work and prayerless religion. He laughs at our toil, mocks at our wisdom, but he trembles when we pray.”

– Samuel Chadwick



Scripture

Colossians 3:9-10

Song

Come Thou Fount



“Spiritual formation is not simply doing spiritual disciplines. Spiritual formation is about a life oriented to God in Christ by the Spirit. Since spiritual formation is not, ultimately, about us at all, but about God, we must set our minds and hearts on Him rather than our problems, our shortcomings or our desire to change.”

– Kyle C. Strobel



Scripture

Psalm 34

Song

King Of Kings

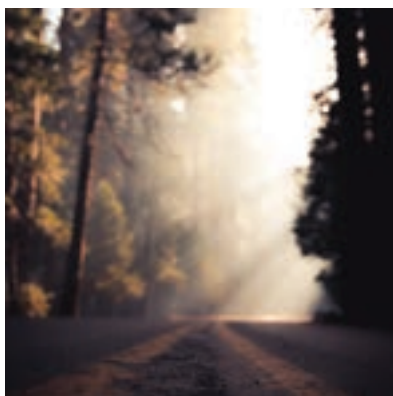


“Spiritual formation is the Spirit’s work of transforming us into the image of Christ.”

– Kyle C. Strobel

March 8-11

Mission





Scripture

Matthew 28:18-20

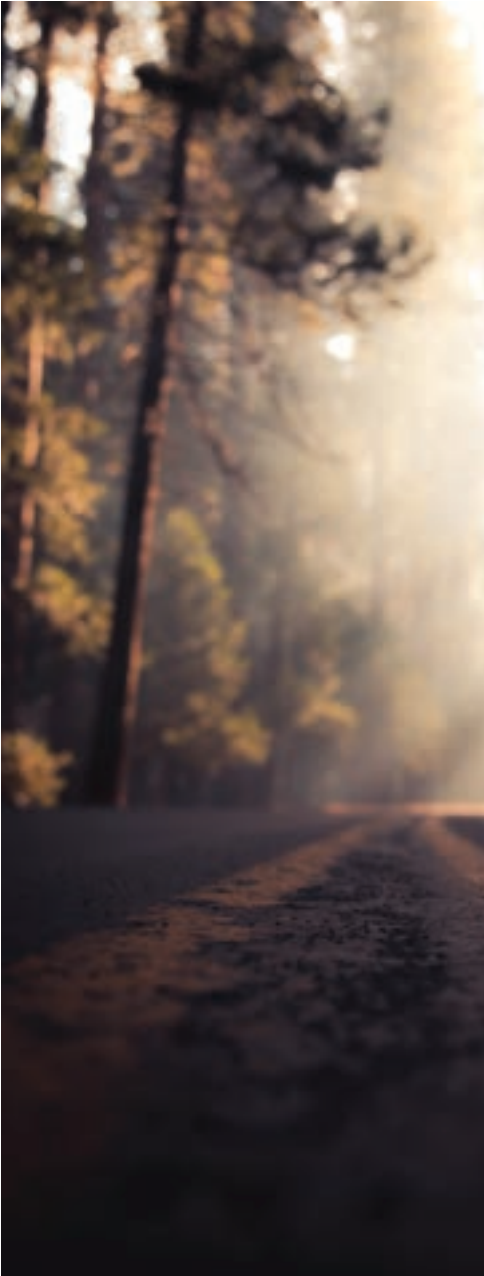
Song

Take My Life And Let
It Be



“Does it sound absurd?
Rest comes with struggle?
Blessing comes with
wounds? Grace comes from
the death of an innocent
man? Then you’re getting
the picture. Life with God
is an invitation into a world
where most of what makes
sense to you crumbles.
It’s far richer than you
imagined, far less orderly
and sensible, and far more
mysterious.”

– Mike Cospers



Scripture

Luke 10:25-37

Song

Follow You Anywhere



“God does not need your strength: He has more than enough power of His own. He asks your weakness: He has none of that Himself, and He is longing, therefore, to take your weakness, and use it as the instrument in His own mighty hand. Will you not yield your weakness to Him and receive His strength?”

– Charles Spurgeon



Scripture

Romans 10:14-17

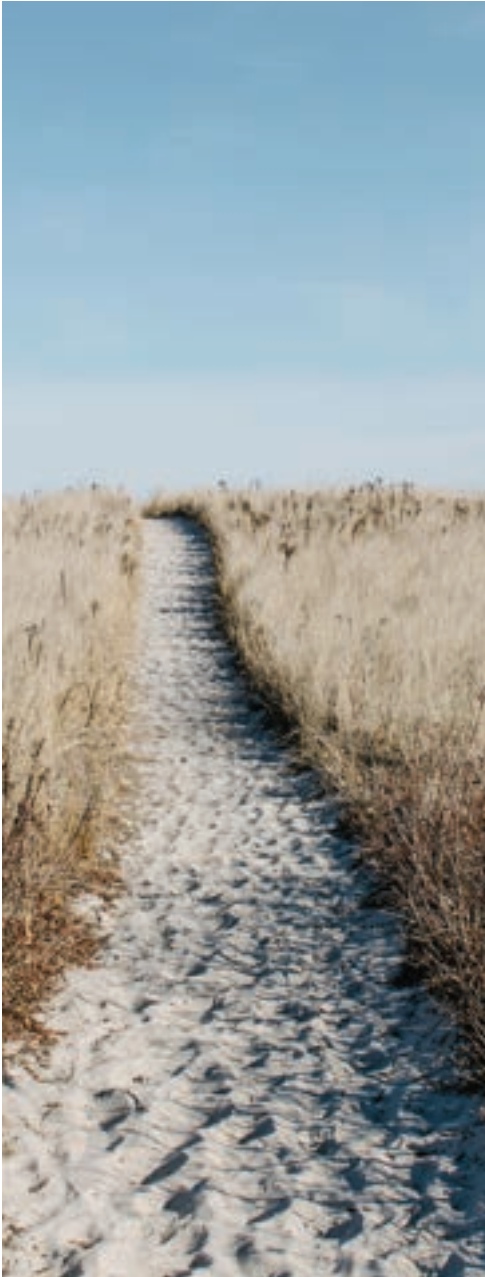
Song

Is He worthy?



“All God’s giants have been weak men who did great things for God because they reckoned on His power and His presence being with them.”

– Hudson Taylor



Scripture

Psalm 96

Song

Be Enthroned

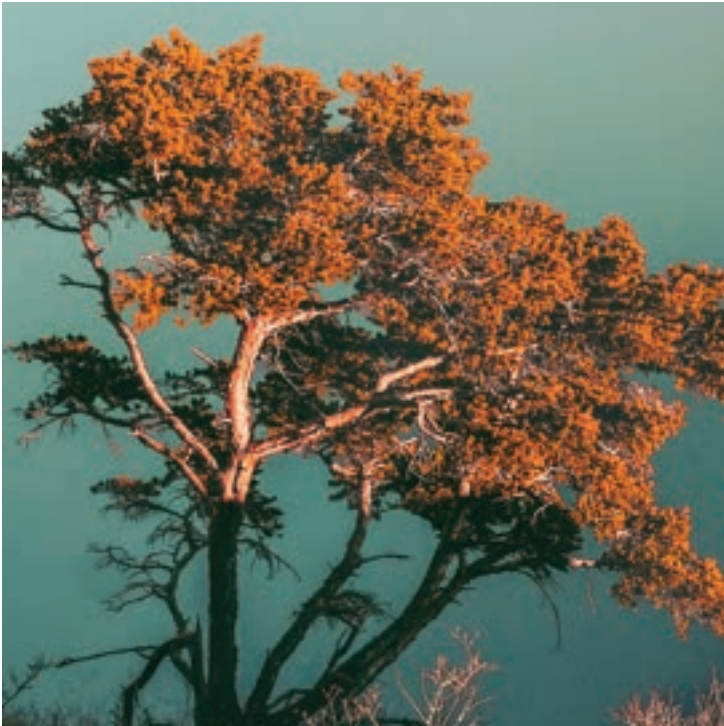


“If you are sufficient for
your task, it’s too small.”

– John Piper

March 12

Flourishing





Scripture

Numbers 6:24-26

Song

The Blessing



“The flourishing that we long for—the fullness of life for which we were originally created—is found only in Jesus and His kingdom as we submit ourselves increasingly more to His benevolent rule and reign.”

– Jeff Norris



Perimeter
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