

Series: The Lovable Law

Message: Seven Days Of Work Makes One Weak, Part 2

Scripture: Exodus 20:8-11 (NASB)

Teacher: Randy Pope

Dates: 21/22 January 2017

Exodus 20:8-11

⁸ Remember the sabbath day, to keep it holy.

⁹ Six days you shall labor and do all your work,

¹⁰ but the seventh day is a sabbath of the Lord your God; in it you shall not do any work, you or your son or your daughter, your male or your female servant or your cattle or your sojourner who stays with you.

¹¹ For in six days the Lord made the heavens and the earth, the sea and all that is in them, and rested on the seventh day; therefore the Lord blessed the sabbath day and made it holy.

Last Week:

1. God Designed Us To Spend One Day A Week Resting From Our Labors.

This Week:

2. God Designed Us To Spend One Day A Week Remembering The Past.

1) A Day To Remember God's Work As Creator.

Exodus 20:11

¹¹ For in six days the Lord made the heavens and the earth, the sea and all that is in them, and rested on the seventh day; therefore the Lord blessed the sabbath day and made it holy.

2) A Day To Remember God's Work As Redeemer.

Deuteronomy 5:15

¹⁵ You shall remember that you were a slave in the land of Egypt, and the Lord your God brought you out of there by a mighty hand and by an outstretched arm; therefore the Lord your God commanded you to observe the sabbath day.

Ephesians 2:1-7

¹ And you were dead in your trespasses and sins,

² in which you formerly walked according to the course of this world, according to the prince of the power of the air, of the spirit that is now working in the sons of disobedience.

³ Among them we too all formerly lived in the lusts of our flesh, indulging the desires of the flesh and of the mind, and were by nature children of wrath, even as the rest.

⁴ But God, being rich in mercy, because of His great love with which He loved us,

⁵ even when we were dead in our transgressions, made us alive together with Christ (by grace you have been saved),

⁶ and raised us up with Him, and seated us with Him in the heavenly places in Christ Jesus,

⁷ so that in the ages to come He might show the surpassing riches of His grace in kindness toward us in Christ Jesus.

Ben Patterson

"It empowers us to deflate all the empirical claims that work would make on our lives. It enables us to look work in the eye and say: 'No, I am not your slave; I am not working every day.'"

Voltaire

"You can never destroy the Christian religion so long as the Sabbath day is recognized by man as a divine institution."

3. God Designed Us To Spend One Day A Week Reevaluating The Present.

Gordon McDonald

A time to "interpret our work, to press meaning into it and to make sure we know to whom it is dedicated."

- 1) It is a time to reevaluate our spiritual progress and disciplines.
- 2) It is a time to reevaluate our family's spiritual progress (if a spouse or parent).

- 3) It is a time to assess our effectiveness at work and our motivation for working as we do.
- 4) It is a time to reevaluate our physical and emotional condition.

Next Week:

4. God Designed Us To Spend One Day A Week Regulating The Future.

Gordon McDonald

"A time to affirm our intentions to pursue a Christ-centered tomorrow."

Ben Patterson

"Sunday is a window in this world that gives us a peek into the next."