

The Fruit of the Spirit: Joy and Peace

Week 2

Galatians 5:16-26

²² But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, ²³ gentleness, self-control; against such things there is no law. ²⁴ And those who belong to Christ Jesus have crucified the flesh with its passions and desires.

²⁵ If we live by the Spirit, let us also keep in step with the Spirit. ²⁶ Let us not become conceited, provoking one another, envying one another.

What is Joy?

What is Peace?

Toolbox: Word Study

The Meaning of Words

Words in Context (situation, author, genre, etc.)

Word Study: Joy

Nehemiah 8:9-12

9 And Nehemiah, who was the governor, and Ezra the priest and scribe, and the Levites who taught the people said to all the people, "This day is holy to the LORD your God; do not mourn or weep." For all the people wept as they heard the words of the Law. 10 Then he said to them, "Go your way. Eat the fat and drink sweet wine and send portions to anyone who has nothing ready, for this day is holy to our Lord. And do not be grieved, for the joy of the LORD is your strength." 11 So the Levites calmed all the people, saying, "Be quiet, for this day is holy; do not be grieved." 12 And all the people went their way to eat and drink and to send portions and to make great rejoicing, because they had understood the words that were declared to them.

Psalms 16:11

11 You make known to me the path of life;
in your presence there is fullness of joy;
at your right hand are pleasures forevermore.

Psalm 51:7-12

7 Purge me with hyssop, and I shall be clean;
wash me, and I shall be whiter than snow.
8 Let me hear joy and gladness;
let the bones that you have broken rejoice.
9 Hide your face from my sins,
and blot out all my iniquities.
10 Create in me a clean heart, O God,
and renew a right spirit within me.
11 Cast me not away from your presence,
and take not your Holy Spirit from me.
12 Restore to me the joy of your salvation,
and uphold me with a willing spirit.

Luke 10:17-20

¹⁷ The seventy-two returned with joy, saying, "Lord, even the demons are subject to us in your name!"
¹⁸ And he said to them, "I saw Satan fall like lightning from heaven. ¹⁹ Behold, I have given you authority to tread on serpents and scorpions, and over all the power of the enemy, and nothing shall hurt you.
²⁰ Nevertheless, do not rejoice in this, that the spirits are subject to you, but rejoice that your names are written in heaven."

John 15:9-11

9 As the Father has loved me, so have I loved you. Abide in my love. 10 If you keep my commandments, you will abide in my love, just as I have kept my Father's commandments and abide in his love. 11 These things I have spoken to you, that my joy may be in you, and that your joy may be full.

Philippians 4:4

4 Rejoice in the Lord always; again I will say, rejoice.

1 Thessalonians 2:19-20

19 For what is our hope or joy or crown of boasting before our Lord Jesus at his coming? Is it not you?
20 For you are our glory and joy.

Hebrews 10:34

34 For you had compassion on those in prison, and you joyfully accepted the plundering of your property, since you knew that you yourselves had a better possession and an abiding one.

Hebrews 12:1-2

Therefore, since we are surrounded by so great a cloud of witnesses, let us also lay aside every weight, and sin which clings so closely, and let us run with endurance the race that is set before us, 2 looking to Jesus, the founder and perfecter of our faith, who for the joy that was set before him endured the cross, despising the shame, and is seated at the right hand of the throne of God.

James 1:2-4

2 Count it all joy, my brothers, when you meet trials of various kinds, 3 for you know that the testing of your faith produces steadfastness. 4 And let steadfastness have its full effect, that you may be perfect and complete, lacking in nothing.

Given the verses above, how would you describe biblical Joy as a Fruit of the Spirit?

Anti-Joy

False Joy

True Joy

Cultivating Joy

Word Study: Peace

1 Chronicles 22:8-9

8 But the word of the LORD came to me, saying, 'You have shed much blood and have waged great wars. You shall not build a house to my name, because you have shed so much blood before me on the earth.
9 Behold, a son shall be born to you who shall be a man of rest. I will give him rest from all his surrounding enemies. For his name shall be Solomon, and I will give peace and quiet to Israel in his days.

Psalm 4:6-8

6 There are many who say, "Who will show us some good?
Lift up the light of your face upon us, O LORD!"

7 You have put more joy in my heart
than they have when their grain and wine abound.

8 In peace I will both lie down and sleep;
for you alone, O LORD, make me dwell in safety.

Psalm 34:13-14

13 Keep your tongue from evil
and your lips from speaking deceit.

14 Turn away from evil and do good;
seek peace and pursue it.

Proverbs 16:7

7 When a man's ways please the LORD,
he makes even his enemies to be at peace with him.

Isaiah 9:6-7

6 For to us a child is born,
to us a son is given;
and the government shall be upon his shoulder,
and his name shall be called
Wonderful Counselor, Mighty God,
Everlasting Father, Prince of Peace.

7 Of the increase of his government and of peace
there will be no end,
on the throne of David and over his kingdom,
to establish it and to uphold it
with justice and with righteousness
from this time forth and forevermore.
The zeal of the LORD of hosts will do this.

Isaiah 26:3

3 You keep him in perfect peace
whose mind is stayed on you,
because he trusts in you.

John 16:31-33

31 Jesus answered them, "Do you now believe? 32 Behold, the hour is coming, indeed it has come, when you will be scattered, each to his own home, and will leave me alone. Yet I am not alone, for the Father is with me. 33 I have said these things to you, that in me you may have peace. In the world you will have tribulation. But take heart; I have overcome the world."

Romans 5:1-2

Therefore, since we have been justified by faith, we have peace with God through our Lord Jesus Christ. 2 Through him we have also obtained access by faith into this grace in which we stand, and we rejoice in hope of the glory of God.

Romans 12:17-19

17 Repay no one evil for evil, but give thought to do what is honorable in the sight of all. 18 If possible, so far as it depends on you, live peaceably with all. 19 Beloved, never avenge yourselves, but leave it to the wrath of God, for it is written, "Vengeance is mine, I will repay, says the Lord."

Ephesians 2:14-18

14 For he himself is our peace, who has made us both one and has broken down in his flesh the dividing wall of hostility 15 by abolishing the law of commandments expressed in ordinances, that he might create in himself one new man in place of the two, so making peace, 16 and might reconcile us both to God in one body through the cross, thereby killing the hostility. 17 And he came and preached peace to you who were far off and peace to those who were near. 18 For through him we both have access in one Spirit to the Father.

Philippians 4:4-7

4 Rejoice in the Lord always; again I will say, rejoice. 5 Let your reasonableness be known to everyone. The Lord is at hand; 6 do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. 7 And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.

Colossians 3:14-15

14 And above all these put on love, which binds everything together in perfect harmony. 15 And let the peace of Christ rule in your hearts, to which indeed you were called in one body. And be thankful.

Given the verses above, how would you describe biblical Peace as a Fruit of the Spirit?

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False Peace

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Cultivating Peace