



# Sunday Equipping



Perimeter  
CHURCH

# Table Discussion

As a table:

- Introduce yourself – name, how long you have been at Perimeter, where you are from
- As a table: Discuss the following questions:
  1. Given the choice of anyone in the world, whom would you want as a dinner guest? Why?
  2. With the aspects of the fruit of the Spirit (love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control) in mind, if you could wake up tomorrow having gained mastery in any one quality, what would it be?



# Walking by the Spirit: The Fruit of the Spirit



Perimeter  
CHURCH

# Schedule



- April 7, 2024 - Intro to the Fruit of the Spirit - Love
- April 14, 2024 - Fruit of the Spirit – Joy and Peace
- April 21, 2024 - Fruit of the Spirit – Patience and Self-Control
- April 28, 2024 - Fruit of the Spirit – Kindness and Goodness
- May 5, 2024 - Fruit of the Spirit – Faithfulness and Gentleness

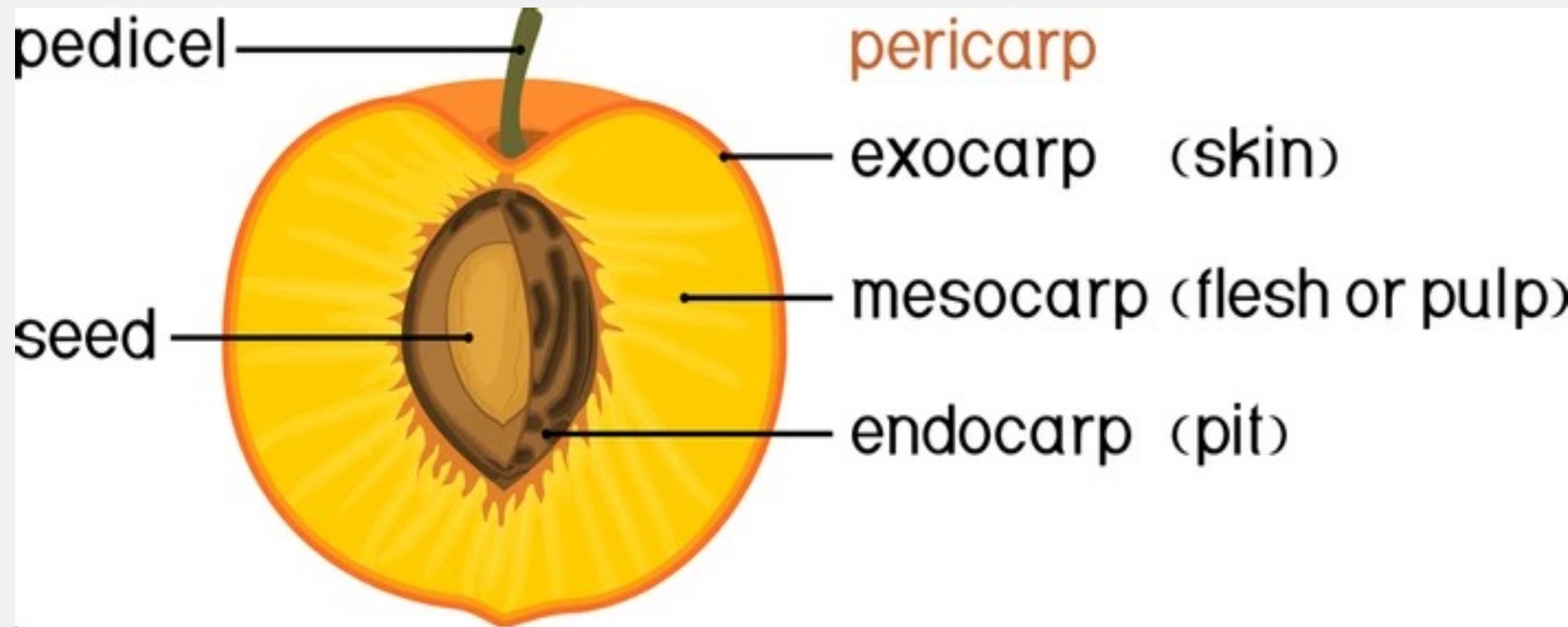


# Walking By the Spirit



## The Anatomy of a Peach

The fruit of the Spirit...grows as we remember the gospel, rejoice in our salvation, and use our gifts as a sacrifice of thanksgiving.



# Walking By the Spirit



## The Nature of the fruit of Spirit

1. One fruit
2. Growth in grace measured by the least of these
3. Interdependent with one another

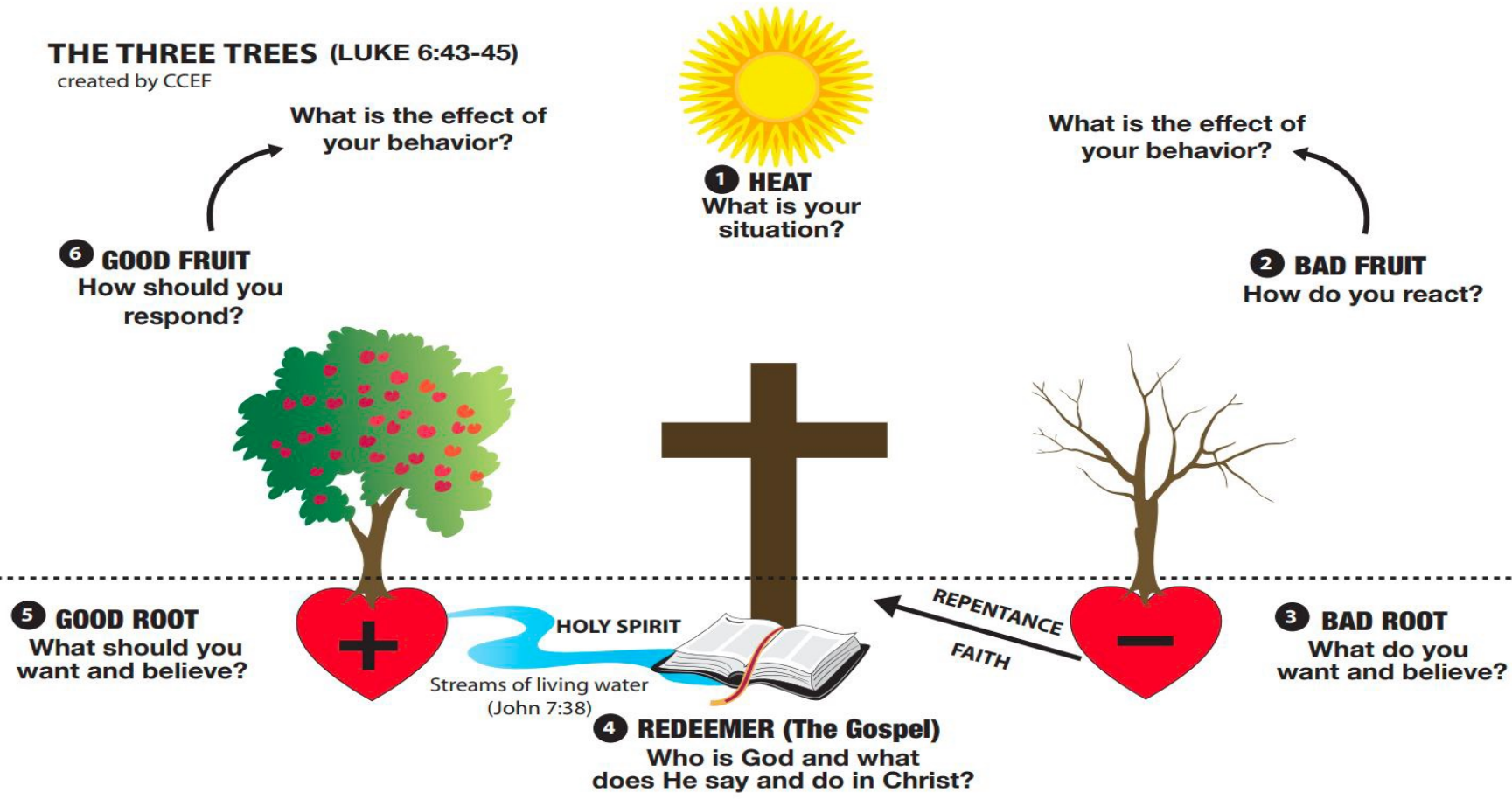


# Walking By the Spirit



## THE THREE TREES (LUKE 6:43-45)

created by CCEF





## Galatians 5:13-15

**13** For you were called to freedom, brothers. Only do not use your freedom as an opportunity for the flesh, but through love serve one another. **14** For the whole law is fulfilled in one word: “You shall love your neighbor as yourself.” **15** But if you bite and devour one another, watch out that you are not consumed by one another.

## Galatians 5:16-21

**16** But I say, walk by the Spirit, and you will not gratify the desires of the flesh. **17** For the desires of the flesh are against the Spirit, and the desires of the Spirit are against the flesh, for these are opposed to each other, to keep you from doing the things you want to do. **18** But if you are led by the Spirit, you are not under the law. **19** Now the works of the flesh are evident: sexual immorality, impurity, sensuality, **20** idolatry, sorcery, enmity, strife, jealousy, fits of anger, rivalries, dissensions, divisions, **21** envy, drunkenness, orgies, and things like these. I warn you, as I warned you before, that those who do such things will not inherit the kingdom of God.

## Galatians 5:22-26

<sup>22</sup> But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, <sup>23</sup> gentleness, self-control; against such things there is no law. <sup>24</sup> And those who belong to Christ Jesus have crucified the flesh with its passions and desires. <sup>25</sup> If we live by the Spirit, let us also keep in step with the Spirit. <sup>26</sup> Let us not become conceited, provoking one another, envying one another.

# Table Discussion

As a table discuss the following questions:

1. How would you define faithfulness? Gentleness?
2. Can you think of a time when you were on the receiving end of someone else's "faithfulness"?
3. How do the following passages refine your definition?
  - Psalm 37:1-11
  - Proverbs 27:6
  - 1 Corinthians 4:1-5
  - 2 Corinthians 10:1-4
  - Matthew 5:2-11
4. How are faithfulness and gentleness related to the other fruit?

# Fruit of the Spirit: Faithfulness & Gentleness



## **Faithfulness Defined:**

Loyalty, courage which flows from faith in God. To be principle-driven, committed, utterly reliable. True to one's word.

## **Faithfulness' Weed**

- Opportunistic
- Fair-weather friend
- Disobedient/unfaithful

The Bible teaches that faithfulness is an indispensable mark of a Christian. Without it the Christian's testimony is only hypocritical.

- Sanderson

## **Faithfulness' Counterfeit**

- Love without truth
- Being loyal when you should be willing to confront or challenge

# Fruit of the Spirit: Faithfulness & Gentleness



## **Gentleness Defined:**

Self-forgetfulness, humility stemming from trust in God's goodness and control over the situation. They aren't occupied with self at all.

## **Gentleness' Weed**

- Superiority
- Self-absorbed
- Self-aggrandizing

Self-centeredness embitters, blinds, and frustrates the grace of God.

- John Sanderson

## **Gentleness' Counterfeit**

- Self-depreciation
- False modesty

*Do not imagine that if you meet a really humble man he will be what most people call 'humble' nowadays: he will not be a sort of greasy, smarmy person, who is always telling you that, of course, he is nobody. Probably all you will think about him is that he seemed a cheerful, intelligent chap who took a real interest in what you said to him. If you do dislike him it will be because you feel a little envious of anyone who seems to enjoy life so easily. He will not be thinking about humility: he will not be thinking about himself at all.*

*If anyone would like to acquire humility, I can, I think, tell him the first step. The first step is to realize that one is proud. And a biggish step, too. At least, nothing whatever can be done before it. If you think you are not conceited, it means you are very conceited indeed*

**- C.S. Lewis, Mere Christianity**



# Fruit of the Spirit: Faithfulness & Gentleness



## **Cultivating Faithfulness**

- Obedience
- Marveling at the Gospel
- Marveling at God's faithfulness  
(Psalm 89)

The gospel is made beautiful when men demonstrate its power by their faithfulness.  
- John Sanderson

## **Cultivating Gentleness**

- Submission to the will of God
- Courage
- Marveling at the gentleness of Jesus

Know, consider, present. It is not just trying harder. It is God's power as you surrender.  
- Randy Pope

# Fruit of the Spirit: Faithfulness & Gentleness



## **Interdependence**

- Communicable attributes of God
- Same root
- Same end

Any fruit that seems to exist without the other fruit is spurious, because they depend on each other.

All the graces of Christianity always go together. They so go together, that where there is one, there are all, and where one is wanting, all are wanting.

- J. Edwards

“All the Christian graces are alike related to one and the same grace, namely charity, or Divine love, as the sum of them all...Love, or charity, is the fulfilling of them all, and they are but so many diversifications, and different branches, and relations, and modes of exercise, of the same thing. One grace does, in effect, contain them all, just as the one principle of life comprehends all its manifestations. And hence it is no wonder that they are always together, and are dependent on and implied in one another.

Love is an active principle...He that loves money is influenced in his practice by that love, and kept by it in the continual pursuit of wealth. He that loves honor is governed in his practice by that love...And so he that truly loves God is also influenced by that love in his practice. He constantly seeks after God in the course of his life: seeks his grace, and acceptance, and glory.”

J. Edwards, Charity and its Fruit

# Discussion

What has been your most significant takeaway from this series?

What are practical things God is calling you to do or change in your life in order for you to walk by the Spirit?

How has this class made Christ more beautiful to you?