

# Sunday Equipping





## Kindness & Goodness Galatians 5:16-24



KINGDOM FLOURISHING (GOD, SELF, NEIGHBOR) MULTIPLYING HOLISTIC SPIRITUALLY WORSHIP JALKING WITH THE SOLD **STEWARDING** RESOURCES ENGAGING United with MISSIONALLY Christ LAINS MINIM SMINIME **GOD-HONORING** RELATIONSHIPS **EMBRACING A KINGDOM** CALLING **DEMONSTRATING** GODLY **CHARACTER** TINGOOM FLOURISHING (GOD, SELF, NEIGHBOR)

#### **Galatians 5:16-24**

[16] But I say, walk by the Spirit, and you will not gratify the desires of the flesh. [17] For the desires of the flesh are against the Spirit, and the desires of the Spirit are against the flesh, for these are opposed to each other, to keep you from doing the things you want to do. [18] But if you are led by the Spirit, you are not under the law. [19] Now the works of the flesh are evident: sexual immorality, impurity, sensuality, [20] idolatry, sorcery, enmity, strife, jealousy, fits of anger, rivalries, dissensions, divisions, [21] envy, drunkenness, orgies, and things like these. I warn you, as I warned you before, that those who do such things will not inherit the kingdom of God. [22] But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, [23] gentleness, self-control; against such things there is no law. [24] And those who belong to Christ Jesus have crucified the flesh with its passions and desires.











## Discussion

On Your Own: Think of a time when your immediate reaction looked like good fruit or bad fruit?

**Discuss:** What did you learn about your own heart? What are some ways this class has been helpful?

Trees

Fruit(s)



Jeremiah 17:8 He is like a tree planted by water, that <u>sends out</u> <u>its roots</u> by the stream, and does not fear when heat comes, for its leaves remain green, and is not anxious in the year of drought, for it does not cease to bear fruit.

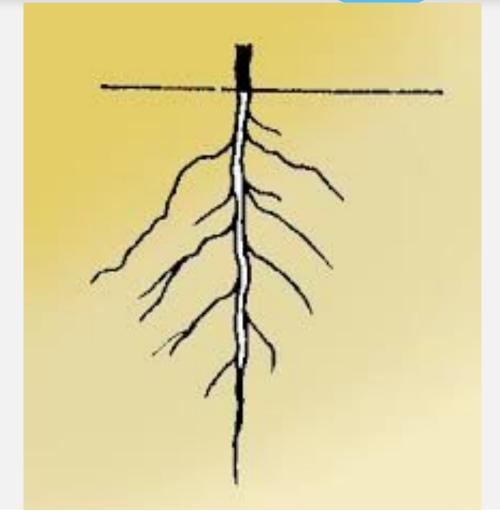


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"I am a man of one book!"

-John Wesley



"I have read the Bible through one hundred times and always with increasing delight!"

-John Wesley



"Read the Bible, and read it again, and do not despair of help to understand something of the will and mind of God, though you think they are fast locked up from you. Neither trouble yourself, though you may not have commentaries and expositions; pray and read, and read and pray; for a little from God is better than a great deal from man."

## Discussion

How would you describe the condition of your roots?

What are some ways you can deepen your roots?

#### Trees



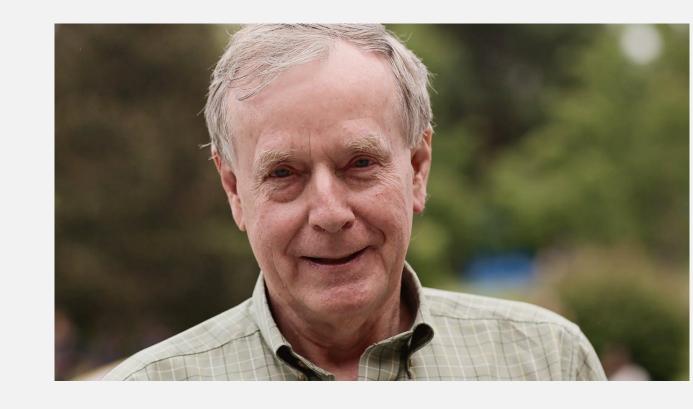
**Luke 6:43-45** For no **good tree** bears bad fruit, nor again does a **bad tree** bear good fruit, [44] for **each tree is known by its own fruit**. For figs are not gathered from thornbushes, nor are grapes picked from a bramble bush. [45] The good person out of the good treasure of his heart produces good, and the evil person out of his evil treasure produces evil, for out of the abundance of the heart his mouth speaks.

## Trees



#### "Three Trees"

(David Powlison)



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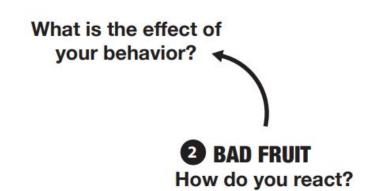


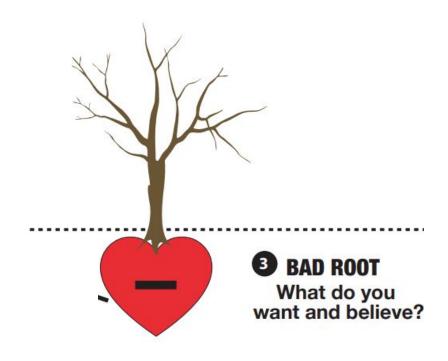
What is the effect of your behavior?

2 BAD FRUIT
How do you react?

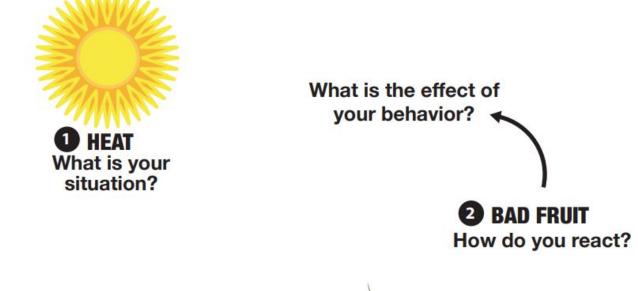
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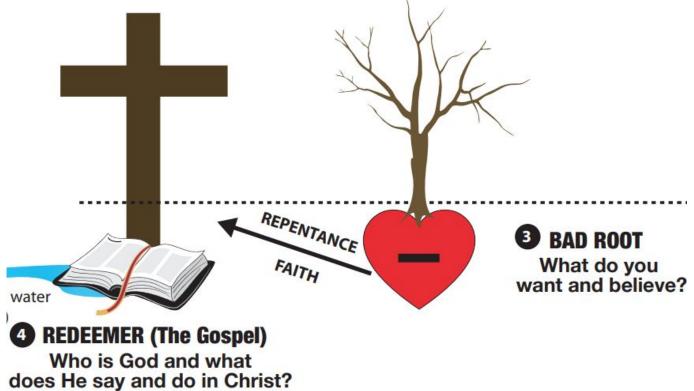






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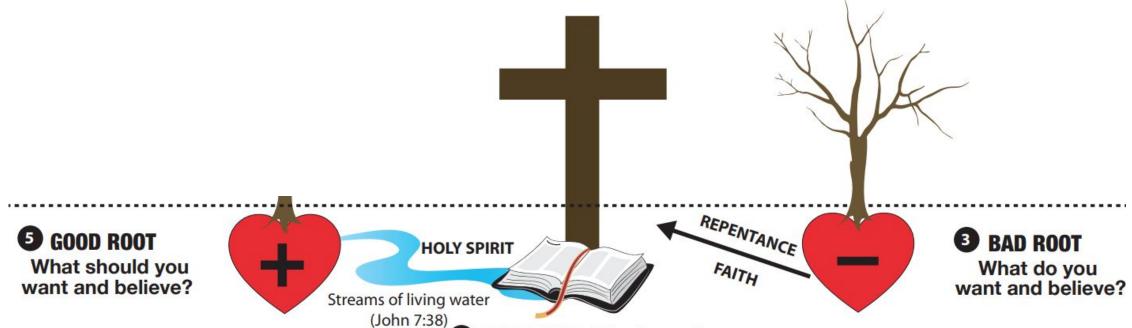




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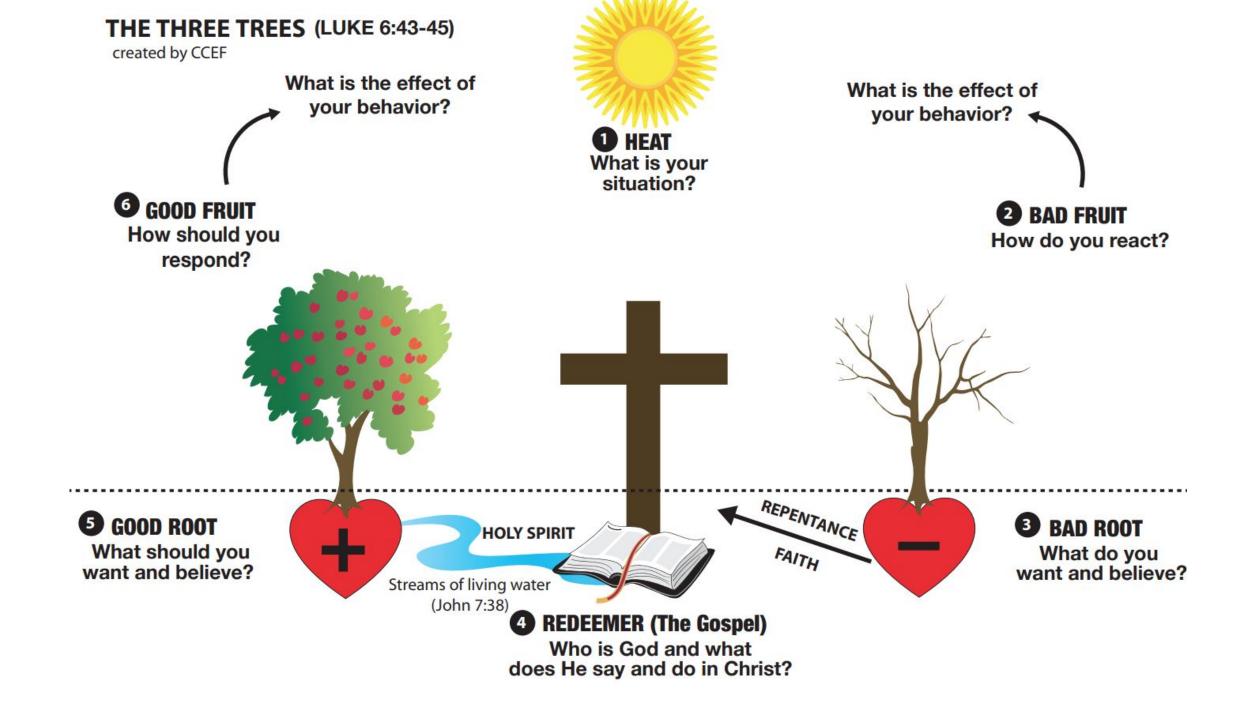


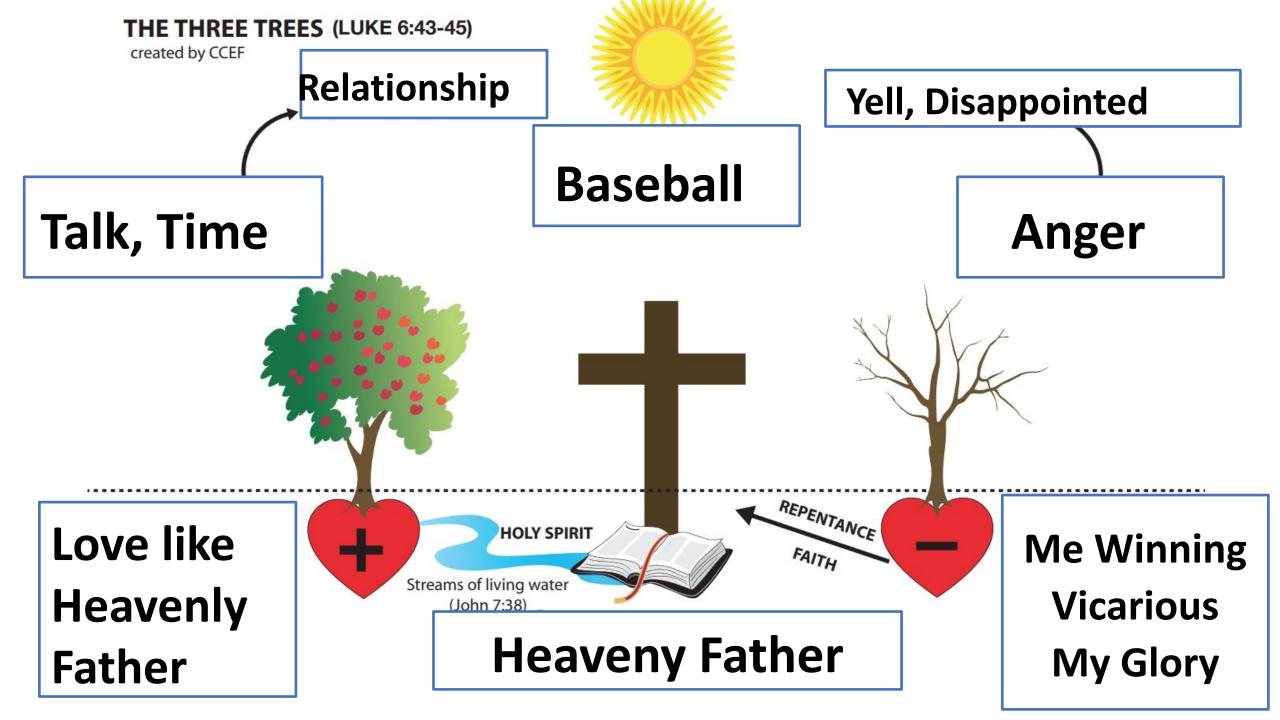
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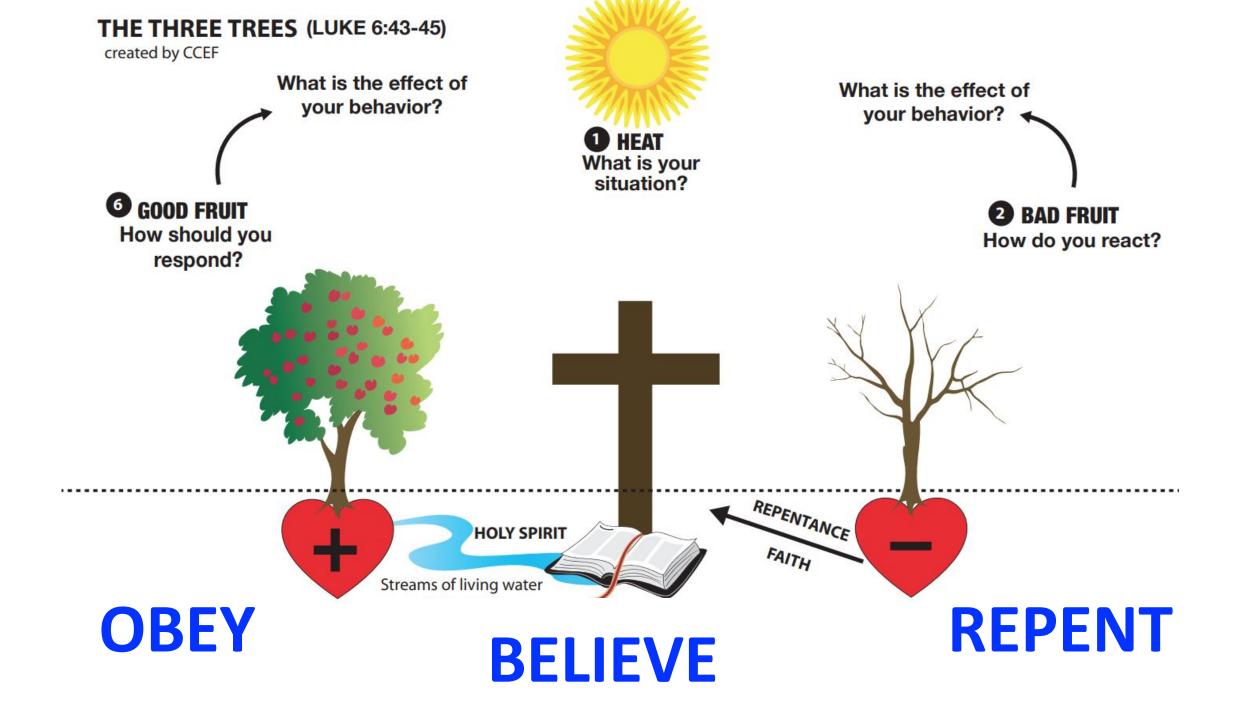


**4** REDEEMER (The Gospel)

Who is God and what does He say and do in Christ?



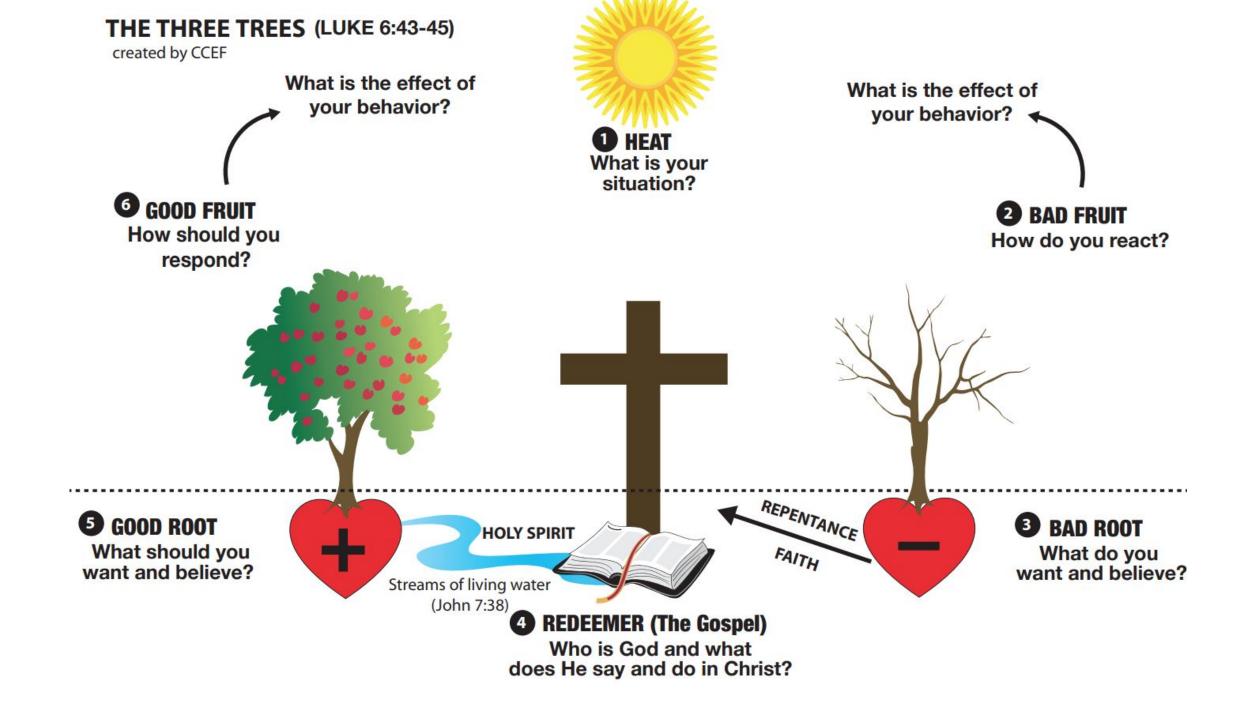




## Discussion

Examine this diagram closely. What do you find helpful and insightful?

How do you see this playing out in your own heart/life?



## Fruit(s)



**John 15:5** I am the vine; you are the branches. Whoever abides in me and I in him, he it is that **bears much fruit**, for apart from me you can do nothing.

## Fruit(s)



#### **KINDNESS**

Loving deeds

Love for the needy

Sees humans as precious

Practical generosity

#### **GOODNESS**

Consistency

Sincerity

What you see is what you get

Truthful nature

## Conclusion



What conviction(s) are you leaving with today?