

EPHESIANS 4:31-32 (ESV)

April/May 2022 // 3rd-6th Grade



- 31 **Let all bitterness and wrath and anger and clamor and slander be put away from you, along with all malice.**
- 32 **Be kind to one another, tenderhearted, forgiving one another, as God in Christ forgave you.**

wrath: *extreme anger*

clamor: *crying*

slander: *telling lies about someone*

malice: *desires to hurt someone*

tenderhearted: *gentle*

EPHESIANS (PAUL'S LETTERS)

BOOK OF THE BIBLE

1 Corinthians

2 Corinthians

Galatians

EPHESIANS

Philippians

Colossians

1 Thessalonians



DID YOU KNOW? The Apostle Paul wrote this letter to Christians in Ephesus. Paul wrote to the Ephesians to remind them of God's gift of grace through our faith in Jesus, and that God has prepared good works for those who believe in Him. Paul also wrote to encourage and teach them how to grow in their faith and follow Jesus so that they could love and obey God and share His love with others.

WHAT DOES IT MEAN? Because of our sin we can easily allow bitterness and anger to control our actions and hurt other people. But that's not how God wants us to live. When we get angry or upset, we shouldn't allow our anger to control how we treat other people. We must get rid of those desires. We won't be able to do this without relying on Jesus and remembering the forgiveness and mercy that He gives to us. God is kind and compassionate toward His children. He forgives us. We should show that same compassion by seeking to forgive and show kindness to each other.